

W/C 16.04.18, 07.05.18, 28.05.18, 18.06.18,
09.07.18, 30.07.18, 17.09.18, 08.10.18

Week Two



If you don't fancy dessert enjoy fresh fruit or yoghurt

Monday

Choose a main meal...

- Golden Fish Fingers & Chips
- Quorn Burger & Chips
- Sandwich Option
- Jacket Potato Option



on the side...

- Broccoli
- Sweetcorn

There is a vegetarian choice every day... and don't forget that salad is available daily

for dessert...

- Strawberry Jelly
- Or
- Fruit Salad

Tuesday

Choose a main meal...

- Pork Sausages, Mashed Potato & Gravy
- Vegetarian Sausages, Mashed Potato & Gravy
- Sandwich Option
- Jacket Potato Option



on the side...

- Carrots
- Seasonal Cabbage

for dessert...

- Chocolate & Banana Mousse
- Or
- Whole Fruit

Wednesday

Choose a main meal...

- Roast Chicken & Bud's Crispy Spuds
- Cheese and Potato Bake
- Sandwich Option
- Jacket Potato Option



on the side...

- Peas
- Swede

for dessert...

- Oatie Biscuit
- Or
- Fruit Salad

Thursday

Choose a main meal...

- Mild Beef Curry & Rice
- Neapolitan Pasta
- Sandwich Option
- Jacket Potato Option



on the side...

- Sweetcorn
- Green Beans

for dessert...

- Carrot & Banana Slice
- Or
- Whole Fruit

Friday

Choose a main meal...

- Mac 'N' Cheese
- Veggie Bolognaise
- Sandwich Option
- Jacket Potato Option



on the side...

- Baked Beans
- Crunchy Light 'Slaw

for dessert...

- Vanilla Ice Cream
- Or
- Fruit Salad



Keep yourself topped up with water
– it will help you concentrate all day long

Salad Bar, Freshly Baked Bread, Fruit and Fresh Water available daily.

*50% Fruit Based Desert