

W/C 09.04.18, 30.04.18, 21.05.18, 11.06.18,  
02.07.18, 23.07.18, 10.09.18, 01.10.18

# Week One

There is a vegetarian choice **every day...** and don't forget that salad is available **daily**



If you don't fancy dessert enjoy fresh fruit or yoghurt

Monday

### Choose a main meal...

- Crispy Fish & Chips
- Veggie Hotdog & Chips
- Sandwich Option
- Jacket Potato Option



- on the side...
- Crunchy Salad
  - Peas

### for dessert...

- Orange Shortbread & Yoghurt Dipper
- Or
- Yoghurt

Tuesday

### Choose a main meal...

- Chicken Mayo Burger with Jacket Wedges
- Macaroni Sweetcorn & Cheese Bake
- Sandwich Option
- Jacket Potato Option



- on the side...
- House Coleslaw
  - Sweetcorn

### for dessert...

- Mini Chocolate Brownie with Banana
- Or
- Whole Fruit

Wednesday

### Choose a main meal...

- Roast Turkey and Bud's Crispy Spud
- Quorn Roast and Bud's Crispy Spud
- Sandwich Option
- Jacket Potato Option



- on the side...
- Carrots
  - Seasonal Cabbage

### for dessert...

- Cheese & Crackers
- Or
- Fruit Salad

Thursday

### Choose a main meal...

- Mild Beef Chilli & Rice
- Shepherdess Pie
- Sandwich Option
- Jacket Potato Option



- on the side...
- Broccoli
  - Cauliflower

### for dessert...

- Berry Flapjack
- Or
- Whole Fruit

Friday

### Choose a main meal...

- Mozzarella & Tomato Pizza with Pasta Salad
- Chinese Veggie Noodles
- Sandwich Option
- Jacket Potato Option



- on the side...
- Baked Beans
  - Peas

### for dessert...

- Wedges of Melon and Orange
- Or
- Fruit Salad

Keep yourself topped up with water

– it will help you concentrate **all day long**

Salad Bar, Freshly Baked Bread, Fruit and Fresh Water available daily.

\* 50% Fruit Based Desert