

Cool water served daily

Week 3 – Day 1

Monday

Golden Fish Fingers with Chips

or

Omelette with Chips

Served with...

Peas

Baked Beans

and

Pineapple Upside Down Cake with Custard

Or

Jelly

**Jacket Potatoes
and Sandwiches
available daily**

**Fresh Fruit &
Yoghurt served
daily**



Cool water served daily

Week 3 – Day 2

Tuesday

Chicken Tikka Masala with Rice
or
Creamy Tomato Pasta

Served with...
Green Beans
Carrots

and
Crunchy Chocolate Biscuit with Fruit Slices

**Jacket Potatoes
and Sandwiches
available daily**

**Fresh Fruit &
Yoghurt served
daily**



Cool water served daily

Week 3 – Day 3

Wednesday

Honey Roast Gammon with Roast Potatoes and Gravy

or

Quorn Roast with Roast Potatoes & Gravy

Served with...

Cabbage

Carrot Mash

and

Raspberry Ripple Cake

**Jacket Potatoes
and Sandwiches
available daily**

**Fresh Fruit &
Yoghurt served
daily**



Cool water served daily

Week 3 – Day 4

Thursday

Beef Pie with New Potatoes

or

Vegetarian Pie with New Potatoes

Served with...

Sweetcorn

Broccoli

and

Shortbread Fingers with Fruit Slices

Jacket Potatoes
and Sandwiches
available daily

Fresh Fruit &
Yoghurt served
daily



Cool water served daily

Week 3 -Day 5

Friday

Mozzarella & Tomato Pizza with Wedges

or

Baked Bean & Cheese Quesadilla with Wedges

Served with...

Crunchy Coleslaw

Garden Peas

and

Strawberry Ice Cream

**Jacket Potatoes
and Sandwiches
available daily**

**Fresh Fruit &
Yoghurt served
daily**

